## Welcome to Stonehaven Fetteresso



Life of Worship • Life of Love • Life of Service

## 11th November

grow old: age shall not weary them, nor the years condemn. At the going down of the sun and in the morning, we will remember them."

-Laurence Binyon, "Ode of Remembrance"

Please contact the Church office if you have not received your letter & ballot paper for Sunday.

To contact the Church Administrator please phone Ailsa on 01569 730143.

If you have a pastoral emergency please contact Mike Barfoot on 01569 766588.

## November Prayer Focus - God's Direction & Peace

Last month our prayer focus was 'Giving thanks'. As God's people here at Fetteresso we looked back and recounted the many ways God has blessed us over the years.

As we look ahead in this month of November we give thanks for God's continued provision, for new beginnings, and we seek His direction for the way ahead.

We give thanks for our new Director of Music Gordon Cooper and welcome him amongst us on Sunday the 1st.

We also give thanks that on the 15th we will welcome Rev Mark Lowey our Sole nominee as he comes to preach to us.

In this month of November we once again look back in thankfulness as we remember all those who bravely fought in past wars paying the ultimate sacrifice with their lives for our freedom and peace.

Jesus our Saviour and Lord also came into our world and paid the price through his death on a cross for our freedom from sin and death. When Jesus rose again he defeated death and he promises that through faith in him we can have new life, reconciliation and peace with God.

At a time of great uncertainty in our world, we give thanks that nothing is uncertain to God for he knows and holds the future and our peace is found in him.

#### Jeremiah 29:11-13

For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. 12 Then you will call on me and come and pray to me, and I will listen to you. 13 You will seek me and find me when you seek me with all your heart.

### Father God,

We look to you our provider. In the midst of unsettled thoughts and puzzling anxiety we search for peace.

We look to you the only bringer of Peace, our master, our Lord.

And he will be called Wonderful Counsellor, Mighty God Everlasting Father, Prince of Peace. Isaiah 9.6

Lord peace seems so far away in the world today when disasters and conflict and bad news dominate the headlines, and our personal lives are full of trouble.

I have told you these things so that you may have peace. In this world you will have trouble, but take heart, I have overcome the world. John 16.33

At times we cry out - Why Lord? The unrest, the fighting, the destruction of what you have made. Lord, we cannot understand what is going on in our world today.

And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus. Philippians 4.7

We sense you are there Lord because you love us so much and you promise you would never leave us in this world all alone.

'Though the mountains be shaken, and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed' says the Lord, who has compassion on you. Isaiah 55.72

Lord we repent of our part in causing pain or strife or damage, please forgive us.

Turn from evil and do good, seek peace and pursue it. Psalm 34.14

Lord we want to do this but, we are not strong.

The Lord gives strength to his people, the Lord blesses his people with Peace. Psalm 29.11

Lord we praise your Holy name, our redeemer lives, and he saves us, Lord you are indeed our God and we are your people. We say Shalom.

Let the Peace of Christ rule in your hearts. Since as members of one body you were called to Peace. And be Thankful. Colossians 3.13

Father God, direct our steps and lead us on on as we seek to make you known in Stonehaven. Guard and guide us through this pandemic and grant us your peace.

#### **Hebrews 13:20**

Now may the God of peace, who through the blood of the eternal covenant brought back from the dead our Lord Jesus, that great Shepherd of the sheep, equip you with everything good for doing his will, and may he work in us what is pleasing to him, through Jesus Christ, to whom be glory for ever and ever. Amen.

# Ian & Liz Gillis

## The end of a era

Sunday 25th marked a sad day for Fetteresso as it was the end of an era. Just over 45 years ago Ian Gillis came to Fetteresso as church organist and choir master. As you all know, Ian and Liz have decided to make the move back down to Glasgow to be near their two boys and their families. This must have been a hard decision to make, leaving friends and church family here but we wish them all the best in their move to Glasgow.

We couldn't however just let them disappear without recognising the service that both have given to Fetteresso over these years using their gifts and talents. Ian actually completed 45 continuous years service as organist and choir master in July.

In addition to this role, we mustn't forget the other duties that Ian has assumed over the years. Behind the scenes Ian was a member of the Finance Team and also the Property Team. Naturally, he was a member of the worship team. Ian was also Chairman of a past Vacancy committee but it is as Mr 'Musicman' that Ian will be fondly remembered.

Ian as Organist has led our church services and played for weddings and funerals. But not many choirmasters will have a CV like Ian. With his church choir they have performed Stainer's Crucifixion, the Vivaldi Gloria, Faure Requiem, Handel's Messiah (twice) and over 25 years Christmas concerts which raised funds for local charities. Special mention should also be made of our clandestine trip over the hill to Crathie church with our minister to lead worship for the Queen.

lan's musical activities for the wider church also included playing for various groups when required and organising Fetteresso Fol de Rols, The Big Sing, Talent shows and church recitals. Ian's musical gifts and other talents will be so missed by us all.

Speaking of talents and gifts, we cannot forget about those brought to Fetteresso by Liz. Over the years Liz has been a member of the Young Wives group, The Guild, Hospitality and the Banner group. Some of Liz's stitches helped to make the banners currently displayed in our church. Liz also used her gifts on the church Welcome teams, serving teas and coffees at Heart for Art and other groups and also in the management of the church cafe.

As a church we would have loved to give them a proper Fetteresso send off with Tea, coffee, cake, maybe even lunch. It should have been a time for hand shakes, cuddles and maybe the odd kiss, but that was not to be. Covid rules all our lives just now.

At Sunday's service, as a mark of our appreciation of their service to our church family a cheque and a black&white portrait of Ian was presented to Ian and Liz from the congregation along with a special gift of a painting of a scene of Stonehaven and flowers from the choir.

Finally, we let Ian and Liz know that we were sending them off to Glasgow with our love and our best wishes for their future there. They will still be around for a little while, but they know the road back so, once they are settled in and things are back to normal, they will be most welcome here with their Fetteresso family.

## SOLE NOMINEE PREACHING

We are delighted to be able to confirm that Rev. Mark Lowey will be preaching as sole nominee in Fetteresso Church on Sunday 15th November. As usual there will be two services (one at 9.30am and the other at 11.00am) and following this there will be a vote of the Congregation.

This week we will be sending out a letter to all members of our congregation with further details about these services and how to access them remotely if you cannot attend the service. The letters also contain information about the process of voting and proceeding to the Call, as well as ballot papers to allow you to vote on the nomination, even if you are not able to attend the church services. We would greatly appreciate it if as many members as possible could cast their votes, as it is a way of showing congregational support for the incoming Minister.

If you have not received your letter by November 9th, please contact the office.

office@fetteresso.org.uk

01569 730143

#### Contact Us

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Stonehaven Fetteresso Church



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#### **Interim Moderator**

Bill Wallace:

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#### Youth Worker:

Matt Sinar: matt@fetteresso.org.uk

#### Safeguarding Coordinators:

Janice Boggon 07711 583317

Gloria Potter 01569 740352

#### **Church Administrator:**

Ailsa Conkey

The office is currently closed please

phone 01569 730143

#### Church Officer Rota

#### November

15th Elaine Kinninmonth

22nd Andy Lorimer

29th Janice Boggon

#### December

6th James Dickinson

13th Andrew Boggon

20th Elaine Kinninmonth

27th Andy Lorimer

## Grampian Coronavirus Assistance Hub

If **you** need help, support or advice.

Anywhere in Aberdeen, Aberdeenshire or Moray.

0808 196 3384 www.gcah.org.uk

## Assessment 'Tool' for individual and group health risks

The assessment 'tool' below helps you to see how different risk factors may combine to give serious health complications should you catch the Covid-19 virus. It does not include the factors that may make you clinically extremely vulnerable, where you should be following the guidance for those who are 'shielding'. It includes the factors where there is significant statistical evidence but does not include any rarer conditions which you may have, so this only offers a starting point. You may want to discuss the results with your doctor or with those who have expectations about your involvement with church life.

Risk Factor		Total Score
Age	50-59	1
	60-69	2
	70-79	4
	80 and over	6
Sex at birth	Male	1
Ethnicity	Caucasian	0
	Black African Descent	2
	Indian Asian Descent	1
	Filipino Descent	1
	Other (including mixed race)	1
Diabetes & Obesity	Type 1 & 2	1
	Diabetes Type 1 & 2 with presence of microvascular complications or HbA1c≥64mmol/mol	2
	Body Mass Index greater than or equal to 35 kg/m2	1
	online BMI calculator: <a href="http://www.nhs.uk/live-well/">http://www.nhs.uk/live-well/</a> healthy-weight/bmi-calculator	
Cardiovascular	Angina, previous heart attack, stroke or cardiac	1
disease	intervention	2
Pulmonary (lung) disease	Heart Failure Asthma	
		1
	Non-asthma chronic pulmonary disease	2
	Either of the above requiring oral corticosteroids in the last year	1
Malignant neoplasm (cancer)	Active malignancy	3
	Malignancy in remission	1
Rheumatological conditions	Active treated conditions	2
Immunosuppressant therapies	Any indication	2
Total Score		

Assessment 'Tool' for individual and group health risks (cont'd)

This should be read alongside the full text of the Church of Scotland's "Covid-19 (Coronavirus) Reopening of Church Buildings" which includes guidance about minimising risks in the church context, and other government or local advice about staying safe. We are not claiming medical expertise in sharing this way of scoring your risk but giving a way to show how serious catching the virus may be for you or the groups using your church building(s).

Circle the score next to each one that applies to you and add up your score.

A score of under 3 indicates a lower risk, but you should still be following the guidance for staying safe.

A score of 3-5 suggests a greater risk and you should consider ways of reducing your risk by taking additional precautions or avoiding some activities.

A score of 6 or more suggests a high risk and indicates that you should continue to work or participate in church life from your home.