

Welcome to Stonehaven Fetteresso

Life of Worship • Life of Love • Life of Service

23rd July, 2017

Holiday Club 2017

Holiday Club will run from Monday 7th - Friday 11th August from 10am to 12.00 noon. We will be using Scripture Union's Guardians of Ancora: Treasure Seekers material, and over the course of the week we will explore the birth, life, death and resurrection of Jesus. This is a continuation of the same theme as Holiday Club 2016, and we look forward to exploring more of the fictional city of Ancora, and searching for story-treasures which will serve as reminders as we learn about Jesus. But don't worry, if you weren't able to join us last year, you'll still be able to join in the fun this year!

Summer Café

Fill My Cup Women's Ministry will be hosting a series of Summer Cafés every Tuesday evening, 4th July – 8th August, from 7.30pm – 9.30pm.

This week we will be Origami and Balloon Animals!

But feel free to bring a project if neither or these appeal to you.

Enjoy a few hours chatting with other ladies in the church or neighbourhood! Bring a friend. Refreshments will be served.

Summer Sunday Preaching

30th – Robert Bell


6th – Sarah Dickinson

Church Office

Please note that the Church office will be closed on the following; Thursday and Friday July 27th and 28th, Thursday and Friday August 3rd and 4th.

Contact Us

Bath Street
Stonehaven
AB39 2DH

01569 767689 

office@fetteresso.org 

Stonehaven Fetteresso Church 

www.fetteresso.org 

Minister: Fyfe Blair: 01569 762876
fyfe.blair@churchofscotland.org.uk

Church Officer: Don Wood

Safeguarding Coordinators:

Alison Dyson 07708083253
Janice Boggon 07711583317
Gloria Potter 01569 740352

Rota Schedules

Scripture Reading

30th July – Susan Jenkins

Church Officer

30th July – Andrew Boggon/Mike Barfoot

Flower Rota

30th July – Ken & Ann McLay

Coffee Rota

30th July – James & Sarah Dickinson

Sunday 23rd July

AM Church Service • 10.45

Tuesday 25th July

Summer Café • 7.30pm

Saturday 29th July

Haven • 10.30pm



Today's flowers were
provided by
Eve Isaac



Daily Reflections Summer 2017

As the team that prepares the daily reflections takes a break over the next six weeks, these reflections are intended to be kept and used throughout this period of the summer holidays.

The reflections are based on exploring a different theme each week by contemplating over the course of six days each week a different word that relates to that theme. On the seventh day, you are invited to review the week as a whole. The themes draw on common features of holidays: people, food, water, landscape, culture, and weather. You do not have to be away or on holiday to respond to the invitation of the reflections. However, if you are away, then the hope is they will encourage you to be attentive to your experiences, with the weekly theme and daily word in mind, in an enriching way.

The overarching intent of how the reflections are structured is to encourage you to bring a *contemplative* gaze to your time of reflection. We contemplate when we allow our attention to gently linger on something. As we are present to it, the object of our contemplation speaks back to us in some way and we can be changed and transformed by what we have heard and experienced.

As always, our time of quiet and reflection is merely the start of something; a pebble is thrown into the water and ripples begin there and then. However, we may see those ripples continue long after we have gone from that time of quiet into activity if we remain expectant and alert for God.

Bible verses are offered to accompany the word you are invited to reflect on each day. However, the invitation is to sit in contemplation of the words for at least 5 minutes before you dive into the bible. The verses will deepen your reflections but there is also merit, and the potential for revelation, in allowing the words to speak first.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
THEME	People	Food	Water	Landscape	Culture	Weather
Monday	Babies Ps. 139:1-18	Fruit & Veg Deut. 8:6-10	Tap John 4:13-14	Hills Psalm 61:2	Art Jer. 51:15	Sunshine Ps. 103:1-5
Tuesday	Children Lk. 18:15-17	Drink Is. 55:1-2	Rain Acts 14:17	Coastline Eph. 2:11-22	Music Psalm 150	Sun & Cloud James 1:17
Wednesday	Teenagers Jer. 29:11	Fish John 21:1-9	Pond Ps. 23:1-2	Desert Ps. 63:1-5	Dance Ps. 149:1-5	Overcast Psalm 42
Thursday	Age 20 – 50 Jer. 17:7-8	Bread Ex. 16:15b-19	Lake Ps. 104:5-9	Woodland Gen. 2:9	Architecture Acts 7:49-50	Rain Gen. 9:8-17
Friday	Age 50 -70 Heb. 12.1-3	Grains John 12:24	River Ez. 47:1-12	Meadow Isaiah 40:8	Theatre Ps. 19:1-4	Fog /Mist Ps. 119:105
Saturday	Age 70 + Gen. 18:1-15	Herbs/Spices Song of Songs 4:10-15	Sea Psalm 89:9	Gorge/Chasm Ps. 36:5-9	Heritage Nehemiah 9:5b-37	Storms Mk 4:35-41
Sunday	Review					

HOW TO USE THESE REFLECTIONS

MONDAYS TO SATURDAYS

Begin by inviting the Holy Spirit to enliven and guide your reflections. It is His insight that you are seeking, His revelation, and His word of transformation.

Each day there will be a word(s) you are invited to contemplate within the theme of that day. Please take your time and don't rush; a key word in contemplation is 'linger'. If you keep a journal, do take notes so, as the weeks go on, you can use them to capture any ripples and further themes.

Each day, pay special attention to any insights you feel are Spirit-given and allow that to lead you in prayer accordingly. Throughout that day be attentive for echoes of that time of contemplation and prayer in your encounters and activities.

At the end of each day, take some time to reflect back over the day to see if and how God has deepened your morning reflections and give thanks accordingly.

The invitation for each of the themes is as follows:

PEOPLE: visualise the age group of people suggested. Imagine them in their difference and in their commonality. Imagine them in their strength and in their weakness. Imagine their gifts, their roles, their unique offering. Imagine the challenges that face them. Imagine people like this on different continents. As the days go by, are there differences that come to mind of particular note with the peoples suggested on previous days.

FOOD: visualise the suggested types of food in all their variety, colour, texture, fragrance and taste. Consider their nutritional value. Give thought to how they are grown, produced, perhaps processed and distributed. What are the positives and what are the challenges, or perhaps negatives, we need to be conscious of?

WATER: visualise the type of water suggested. What is particular about water of this sort? Does it flow? If so, what is its power? What does it sound like? What does it taste like? If appropriate, imagine being in it, what does it feel like? What are the positives and/or what are the negatives/challenges relating to it?

LANDSCAPE: visualise the suggested landscape. Consider its form, its elements, its beauty, and its invitation to enjoy or experience it. Landscapes lend themselves to spiritual parallels; does the landscape being considered speak to some aspect of your spiritual life today? What, if so, is the helpful insight of that? Remember landscapes change as we move through them.

CULTURE: consider the breadth of each offered word. How does this type of cultural experience draw you or not? Consider its impact on you: body, mind, and spirit. How do *you* experience, if at all, God in these things?

WEATHER: consider the suggested weather. What do you like or dislike about this weather? How do you need to be equipped to cope with this weather? Weather, like landscapes, can provide a useful picture for our spiritual lives. Does the particular weather suggested speak to you about your spiritual life today? If so, is there any 'equipment' you need to cope with it?

ON SUNDAYS

The invitation is to look back over the week as a whole. Invite the *Holy Spirit* to guide you as you do so. You are looking for the Spirit to draw your attention again to moments marked by His presence. There are no parameters on how God may approach us, let his Spirit guide you to notice and lead your prayer of thanksgiving in response.